Wellness Revolution Training Academy

National Occupational Certificate:

Beauty Therapy



COURSE PROSPECTUS



ABOUT US

Wellness Revolution Training Academy is an institution that specialises in providing students with quality education and individualised training in order to maintain the high standards required by the health and skincare industry. Wellness Revolution Training Academy offers specialised modules that allows the cosmopolitan woman to enter into the diverse field of beauty technology at their own convenience.

Founded in 2019, Wellness Revolution Training Academy has experienced great success in both the national and international examinations. The lecturers employed are highly qualified assessors and moderators, hence producing world class training and beauty therapists of a high calibre.

MISSION

Wellness Revolution Training Academy will provide each student with a high level education in a safe, supportive environment that integrates technology, promotes self-discipline, grit and academic excellence in learning.

We will accomplish this by ensuring that every student has every opportunity and tool available to reach their ultimate goal of graduation.

Wellness Revolution Training Academy

welcome

083 279 1654

wellness.academy@icloud.com

EXAMINING & ACCREDITATION BODIES

Types and recommended qualifications available

Beauty

SAAHSP

SOUTH AFRICAN ASSOCIATION OF HEALTH & SKINCARE PROFESSIONALS

SAAHSP

The South African Association of Health & Skincare Professionals - National Diploma

QCTO

The Quality Council for Trades and Occupations (QCTO) is a Quality Council established in 2010 in terms of the Skills Development Act (No.97 of 1998), as amended in 2008. The QCTO also offers guidance to skills development providers (private and public) and assessment centres who must be accredited by the QCTO in order to implement occupational qualifications. Health & Skincare Industry.

Wellness Revolution TRAINING ACADEMY

Wellness Revolution

Additional Qualifications include Wellness Revolution Training Academy as well as certificates for specific product house training completed over the 2 years of study.

iTEC

ITEC

International Therapy Examination Council British Diploma (International Diploma) offered for Beauty Specialists and relating modules and certificates

ACCREDITATION & MEMBER AFFILIATIONS



Our primary function is to facilitate skills development through learning programmes like learnerships, skills programmes, internships and other learning programmes. We do this by disbursing grants to employers and skills development providers to offer training to employed and unemployed learners. As delegated by the Quality Council for Trades and Occupations (QCTO), our role includes overseeing occupation-based training.



APPETD promotes quality of education and training while lobbying for the inclusions of private provision in all activities that contribute to excellence in skills development for people. We represent employers of education, training and development professionals at industry bodies that focus on training for employability and the creation of job opportunities.



The South African Spa Association is the ambassador for the Spa Industry, with representation in all aspects related to spas, such as health and wellness, tourism and hospitality, education and training.

Beauty Division



BEAUTY, HEALTH & SKINCARE DIPLOMA

Beauty, Health & Skincare Diploma International & National Diploma in Beauty, Health & Skincare NQF Level 6 -
Credits: 260
Duration: 2 years (Optional 3rd year available)
Requirements: Matric Pass
Next intake: Please Inquire

Our Full-Time Beauty, Health & Skincare Diploma Comprises of theoretical and practical study to prepare students for International & National Diploma, the most sought-after qualifications in the profession worldwide.

The following qualifications are available for this Diploma: SAAHSP, QCTO, ITEC, WELLNESS REVOLUTION



This Course includes the following subjects:



- Make up
- Science & Chemistry
- Manicures & Pedicures
- Facial & Body Electricals
- Facials
- Figure Diagnosis & Swedish Massage
- Waxing
- Aromatherapy & Dermatology
- Professional Ethics
- Communication & Reception Skills
- First Aid
- Hygiene & Microbiology
- Nutrition
- Anatomy & Physiology
- Cosmetic Science



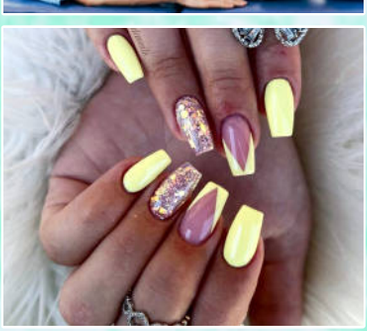












Beauty Division

ADVANCED 3RD YEAR COURSE

Duration: 1 Year

Requirements : (SAAHSP / ITEC / CIDESCO)

Next intake: Please Inquire

Our Advanced Third Year is an optional additional year for Beauty, Health & Skincare Therapists to further their knowledge and education with the Spa Therapy field, Advanced Massage Techniques, Advanced Nail Technology and Medical Aestetics.

The following qualifications are available for this Course:
ITEC DIPLOMAS

This Course includes the following subjects

- Spa Therapy & Spa Management
- Advanced Dermatology
- Sports Massage
- Thai & Shiatsu Massage
- Indian Head Massage
- Hot Stone Massage
- Reflexology
- Gel & Acrylic Nails
- Threading
- Electro-epilation
- Spray Tan
- Eyelash Extensions
- Medical Aestetics including Micro needling, Blading, Dermabrasion









Beauty Division

BEAUTY SPECIALIST COURSE

ITEC Beauty Specialist Diploma (In ternational) and / or
SETA 80646 Further Education & Training Certificate in Beauty NQF 4 (National)

Requirements: Grade 10

Next intake: Please enquire



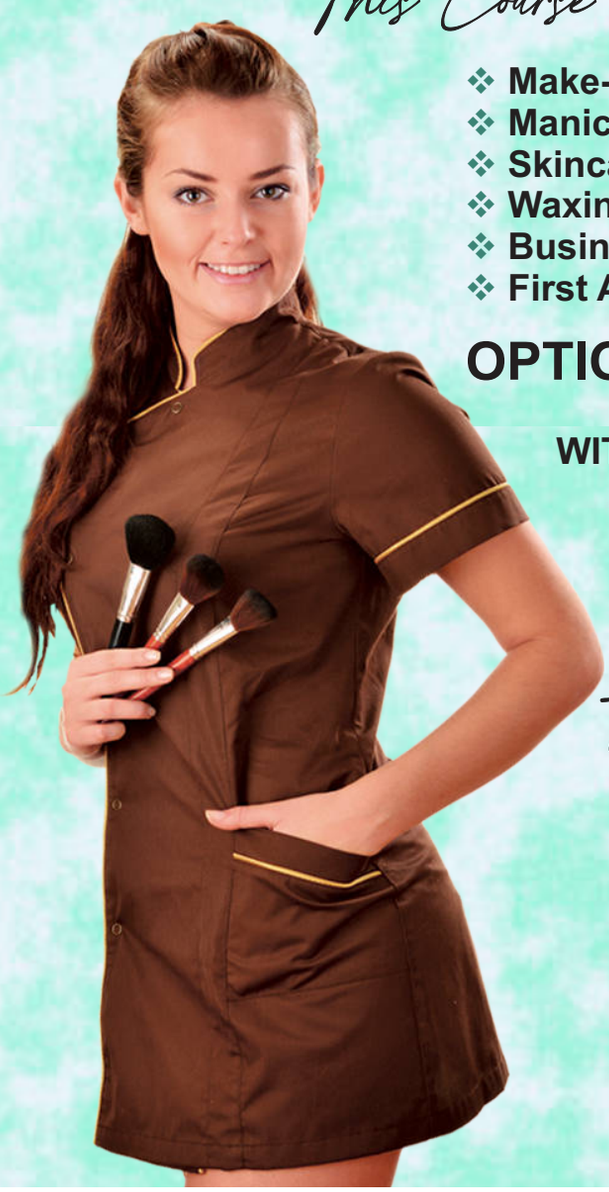


The Modular /Part-Time Beauty Specialist course can be done as a year or a 6-month course. We have 2 options for Beauty Specialist dependent on the subjects chosen. There are both National & International Qualifications available for Beauty Specialist.

The following qualifications are available for this Diploma: SAAHSP, SETA, ITEC & CIDESCO

OPTION 1: BEAUTY SPECIALIST

This Course includes the following subjects:



- Make-Up
- Manicure & Pedicures
- Skincare
- Waxing
- Business Studies
- First Aid



OPTION 2: BEAUTY SPECIALIST

WITH HOLISTIC MASSAGE AND ANATOMY & PHYSIOLOGY



This Course includes the following subjects:



- Make-Up
- Manicures & Pedicures
- Skincare
- Waxing
- Business Studies
- First Aid
- Holistic Massage
- Anatomy & Physiology



Beauty Division

INDIVIDUAL MODULES/CERTIFICATES

Individual Modules/Certificates
National & International

Duration: 3 months - 1 year Diploma (Depending on course chosen)

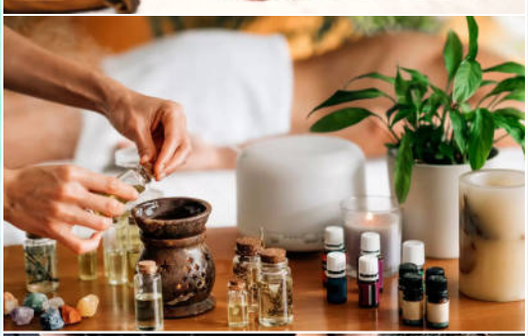
Next intake: Beginning of each month.
Yes! you can start right through the year with your course



HOLISTIC MASSAGE
Duration: 60 Hours
Entrance requirements:
Anatomy & Physiology
required for ITEC



ANATOMY & PHYSIOLOGY
Duration: 50 Hours
Entrance requirements: None



AROMATHERAPY
Duration: 100 Hours
Entrance requirements:
Massage, Anatomy &
Physiology



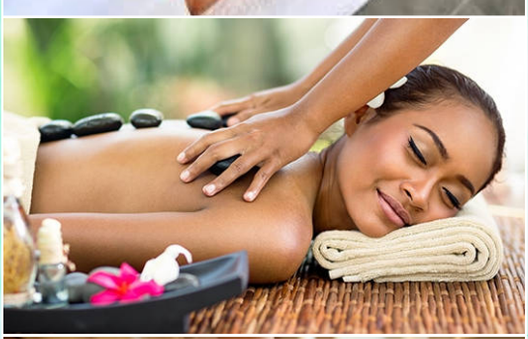
REFLEXOLOXY
Duration: 100 Hours
Entrance requirements: Anatomy
& Physiology



SPORTS MASSAGE
Duration: 100 Hours
Entrance requirements:
Massage, Anatomy & Physiology



INDIAN HEAD MASSAGE
Duration: 50 Hours
Entrance requirements:
Anatomy & Physiology



HOT STONE MASSAGE
Duration: 100 Hours
Entrance requirements
Anatomy & Physiology



SPA THERAPY
Duration: 50 Hours
Entrance requirements:
Massage, Anatomy
& Physiology



BODY ELECTRICAL TREATMENTS -
including Body Massage,
Anatomy & Physiology
Duration: 150 Hours
Entrance requirements: None

Please Inquire

The Modular/Part-Time Certificate courses range from 3 months to 1 year in duration, depending on the course chosen. There are both National & International Qualifications available for our Modular Certificate Courses. The following qualifications are available for this Diploma: SAAHSP, CIDESCO, ITEC, WELLNESS REVOLUTION.

Additional Info:

Work kits or textbooks are required for courses where shown above and these are provided at trade price through the Academy. A certificate of profienciency is presented by the Academy upon satisfactory completion of the required number of hours of study, practical training, and an examination of proficiency. Fully completed case studies are required for all modules. No charge will be levied by the Academy for internal examinations.
Modules are available individually or in combination and external SAAHSP, ITEC & CIDESCO International examinations are optional. Ann additional charge for external examinations will be levied as determined by the examining body.

BUILD YOUR OWN QUALIFICATION:



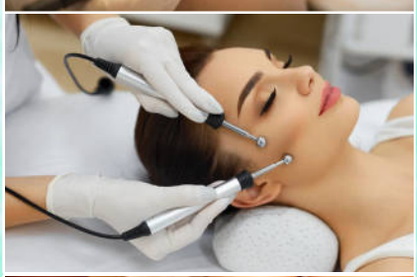
SKIN TREATMENTS - FACIALS
Duration: 100 Hours
Entrance requireents: None



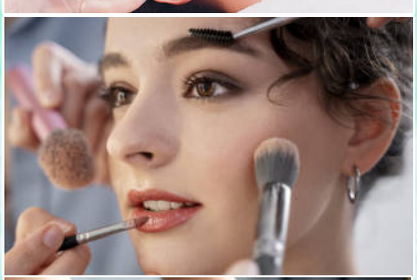
ELECTRO-EPILATION
Duration: 100 Hours
Entrance requirements:
Skin Treatments



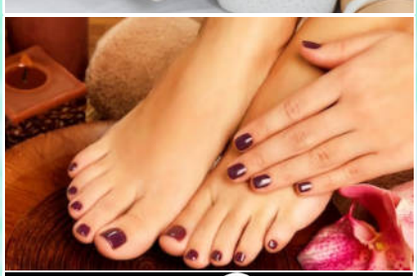
WAXING
Duration: 50 Hours
Entrance requirements: None



ADVANCED SKINCARE - ELECTRICALS
Duration: 150 Hours
Entrance requirements:
Beauty Specialist



MAKE-UP
Duration: 50 Hours
Entrance requirements: None



MANICURES & PEDICURES
Durations: 50 Hours
Entrance requirement: None



HOLISTIC MASSAGE
Duration: 60 Hours
Entrance requirements: Anatomy & Physiology



ANATOMY & PHYSIOLOGY
Duration: 50 Hours
Entrance requirements: None



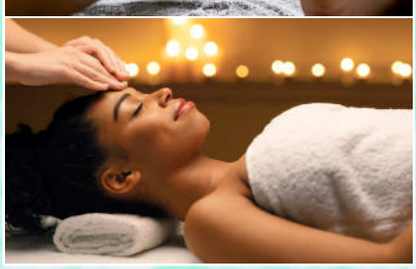
AROMATHERAPY
Duration: 100 Hours
Entrance requirements:
Massage, Anatomy & Physiology



REFLEXOLOGY
Duration: 100 Hours
Entrance requirements:
Anatomy & Physiology



SPORTS MASSAGE
Duration: 100 Hours
Entrance requirements:
Massage, Anatomy & Physiology



INDIAN HEAD MASSAGE
Duration: 50 Hours
Entrance requirements: Anatomy & Physiology



HOT STONE MASSAGE
Duration: 100 Hours
Entrance requirements:
Anatomy & Physiology

Beauty Division

INDIVIDUAL MODULES/CERTIFICATES

Individual Modules/Certificates
National & International

Duration: 3 months - 1 year Diploma (Depending on course chosen)

Next intake: Beginning of each month.
Yes! you can start right through the year with your course

POPULAR SHORT COURSES

Certificate of Completion.
Attendance Awards.

Duration: 1 day to 2 weeks (Depending on training chosen)

Next intake: Specific training dates throughout the year.



GEL & ACRYLIC NAIL TRAINING



This training comprises of both theoretical and practical studies for the successful application of gel and acrylic nail systems.

Entrance Requirements: None
Course Dates: Specific dates throughout the year

This course can be completed in 2 weeks, additional time is allocated to students for thecompletion of their case studies.

Students will receive a Gel & Acrylic Nail Attendance Certification.

International Qualifications are available through ITEC for this course.
Diploma in Nail Technology.
Subjects needed for this International Qualification are:

- Manicures & Pedicures (50-hour moducle)
- Business Studies (50-hour module)
- Nail Technology (115-hour module)

Nail training includes the following:

NAIL TRAINING INCLUDES

- Nail Theory
- Hygiene & Sterilization
- Basic Business Studies
- Gel Overlay & Gel Overlay including Tips
- Gel Sculpture
- Gel Polish
- Basic Nail Art
- Acrylic Overlay & Acrylic Overlay including Tips
- Acrylic Sculpture
- Ombre Application

NAIL KIT INCLUDES

- LED Nail Lamp
- Gel Colour Pots\
- Acrylic Powders & Monomers
- Nail Brushes
- Lint Free Nail Wipes
- Nail Files, Buffing Block
- Nail & Cuticle Implements
- Soaking Bowls
- Soak Off Foils
- Acetone/Nail Polish Remover



WORKSHOPS



Skills Based Workshops:

THE FOLLOWING WORKSHOPS ARE OFFERED:

- Make Up (Day, Evening & Bridal) 5 Days
- Manual Facials, 5 Days
- Waxing, 5 Days
- Manicures & Pedicures
- Holistic Massage, 5 Days

Post Graduate Workshops

A BEAUTY QUALIFICATION IS REQUIRED IN ORDER TO ATTEND THE WORKSHOPS LISTED BELOW:

- Sugaring, 3 Days
- Hot Stone Massage, 3 Days
- Combined Indian Head & Hot Stone, 5 Days
- Shiatsu Massage, 3 Days
- Thai Massage, 3 Days
- Spa Therapy, 2 Days



Students receive a practical attendance workshop certificate. All kit items are supplied for the duration of the workshop unless otherwise stated, thereafter products and implements may be purchased at our Distribution Centre.

All students are required to organize and bring their own models to work on during the course.

Regardless of age, education and previous experience, there are no barriers to enrolment. Training is offered during the day, in the evenings and on some weekends depending on the course.



EYELASH EXTENSION
TRAINING WORKSHOP
CLASSIC & HYBRID

Entrance Requirements: None
Course Dates: Specific dates throughout the year

You will be taught how to apply both classsic and hybrid eyelashes (An advanced course is available if you wish to further your studies)

This is primarily a practical workshop. You will cover some theory at the beginning of the day. At the end of the workshop, you will need to compete and submit case studies. Once these are submitted, the trainer will evaluate your work. Upon passing, you will receive a certificate of completion.

Duration: The training is TWO full days and you need to arrange your own two models for day 2.

BROW SHAPE TBROW & LASH
TINT WORKSHOP

This training comprises mostly practical studies for the successful shaping and tinting of eyebrows. Included in the training is the tinting of the eyelashes.

Entrance Requirements: None
Course Dates: Specific dates throughout the year
Duration: The training is one and a half days.

Students will receive a Certificate of attending a practical workshop.



EYEBROW THREADING



Our Threading Short Course is the perfect opportunity to up-skill your profession in the Beauty Industry.
The main aim of this course is to learn the basics of Threading, it will comprise of both theory and practical classes.

Entrance Requirements:
Brow Shaping Workshop
Course Dates: Specific dates throughout the year
Duration: 1 Day

CAREER PROSPECTS

Medical Esthetics

Highly trained Specialists are also sought after in the medical aesthetic and Medi-spa industry using a variety of cosmeceutical treatments and new technologies to include: laser, electrical synergy, fruity acid peeling systems, dermabrasive treatments, Light therapy and cryotherapy.

The Make-up Artist

Make-up artists have been trained to beautify the facial features by skillful application of cosmetics. The make-up artist assists clients in selecting and applying make-up products in order to create the best look for the individual. Techniques and applications include the preparation of the client for make-up analysis, corrective techniques and contouring, special techniques and application for lashes, lips, cheek colour and facial powder. Make-up artists can also enter the exciting world of theatre, film and television.

The Body and Holistic Therapist

These specialists provide treatments for a wide range of slimming and figure improvement programmes as well as offering advice on eating plans. They deal with sports injuries and provide clients with methods for relaxation techniques and stress management. Spa treatments are highly sought after nationally and internationally with the latest in massage techniques which include hot stone therapy, Indian head massage, spa therapies and lymphatic drainage.

Sales and Marketing

There are numerous career opportunities in the sales and marketing of Health and Skincare products. Sales representatives are in great demand at the various retail outlets countrywide as well as overseas. Here the salesperson undertakes skin analysis, consultation, product recommendations and product sales.

Education in Health and Skincare Science

After qualification, the student may elect to enter the field of education and training.

Self-employed Therapist

Here, the opportunities are limitless. To start your own Health and Skincare Salon is very demanding but also highly rewarding. Salons range from the home-type right through to the large commercial salons found in the biggest shopping malls. You are your own boss, so you make your own decisions regarding products, treatments, clientele and the employment of therapists. Several franchise opportunities are also offered in this field.12